



TO BE A KNIGHT OF HONOR ...



Self Awareness and Self Management:

- *I will* learn to identify my feelings, express them in a positive way, and control my reactions to those feelings.
- *I will* use self-calming skills when upset.

Social Awareness & Relationship Skills:

- *I will* listen carefully to my peers.
- *I will* use the proper tone of voice, eye contact, posture, and language when speaking to peers and adults.
- *I will* show respect to others, admit when I've made a mistake, and apologize when it is appropriate.
- *I will* help others.

Responsible Decision Making:

- *I will* set goals and work through challenges in a positive way.
- *I will* be able to think through a problem and understand that through planning and cooperating with others I can be on my way to solving the problem.
- *I will* manage my time, ask for help when needed, and