

SCHOOL HEALTH
FROM THE NURSE'S OFFICE
2015-16

Dear Parents:

Welcome back to all students and their parents. I am looking forward to working with you and your children at Lord Stirling Community Elementary School during this 2015-2016 school year. To ensure your child's safety I would like to share a few items with you.

HEALTH CONCERNS: Please inform the school nurse of any severe allergies, surgeries, accidents or new health problems that occurred during the summer months and/or that may occur during the school year.

MEDICATIONS: If your child/children require prescription or over the counter medications at school, please see the school nurse for the proper paperwork to be completed by **parent and physician**. The completed paperwork along with the prescribed medication in its **ORIGINAL CONTAINER must be brought to the nurse by the parent/guardian**. All medication must be administered in the nurse's office.

ILLNESS/ABSENCES: Please contact the main office 732-745-5300 ext. 6700/6750 if your child is, or going to be absent from school and the reason why. Please note: your **child MUST BE FEVER FREE FOR 24 HOURS BEFORE RETURNING TO SCHOOL**. A fever is 100.4F or higher. If your child is diagnosed with any of the following communicable diseases please notify the school nurse: Strep Throat, Chicken Pox, Impetigo, Scabies, Head Lice, Pink Eye, Viral/Diarrhea Illness, and Ringworm.

Exclusion time as follows:

Strep Throat and Impetigo: 24 hours after initial dose of antibiotic.

Chicken Pox: 7 days or until lesions are crusted over.

Scabies/Ringworm: 24 hours after initial dose of medication and MD note.

Pink Eye (Conjunctivitis): 24 hours after initial dose of medication.

Vomiting: May return to school when vomit free for 24 hours.

HEAD LICE: See School Health Newsletter Special Edition

Also, please send a change of clothes in your child's/children's backpacks, as spills, ripped clothing and accidents occur.

I look forward in working with you to insure our students; your children have a **safe** and **healthy** school year.

If you have any concerns or questions, please don't hesitate to contact me. 732-745-5300 x 6705

Thank you!

Diane Hendricks, RN, CSN

Lord Stirling Community Elementary School

School Nurse